

# FREE

 Awarding Body

NCFE / CACHE / TQUK

 Course Duration

6 / 12 Weeks

# Children and Young People's Mental Health

## Course Overview

Mental Health problems affect around 1 in 10 children and young people. These issues include depression, anxiety and conduct disorder and can often be a direct response to occurrences in their lives. Emotional well being is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors and impact of mental health.

## Business Benefits

- No disruption to day-to-day activities, as learning is flexible
- Increase understanding of risk factors which may affect the mental well-being of children and young people
- Evidence of competency for external stakeholders
- Allows employees to gain relevant skills, knowledge and understanding

## What is the cost?

Due to the availability of government funding, this qualification is available at no cost. Funded places are limited so please book early to secure your place.

## Learner Benefits

- Delivered through a flexible, convenient learning model
- Qualifications are accredited by recognised awarding bodies
- Increases understanding of core but crucial tasks
- Access to sector-expert assessors throughout the course
- Assessments can be undertaken both online and in hard copy

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