

FREE

 **Awarding Body**
NCFE / CACHE / TQUK

 **Course Duration**
6 / 12 Weeks

Counselling Skills

Level 3

Course Overview

Welcome to Counselling Skills Level 3, a course designed to equip you with the essential knowledge and skills required to effectively counsel individuals in various settings.

Throughout this programme, you will learn how to develop and apply counselling skills, explore different theoretical approaches that underpin counselling, and gain an understanding of ethical considerations when working with clients. Additionally, you will delve into the impact of diversity and culture on the counselling process and how to work with clients from diverse backgrounds.

Moreover, this course emphasises how counselling skills can be used for personal growth and development, both for yourself and for your clients. You will have the opportunity to engage in self-reflection and explore how to use counselling skills for personal development.

Whether you are interested in pursuing a career in counselling or wish to enhance your existing interpersonal skills, this course will provide you with a strong foundation to communicate more effectively, empathetically and ethically with your clients. Get ready to embark on a transformative journey towards becoming an empathetic and effective counsellor.

What is the cost?


As a result of government funding, this qualification is currently offered at no cost. However, please note that the number of funded places can be limited. To ensure you secure your spot, we recommend booking early.

How do learners benefit?

Taking the Counselling Skills Level 3 course will benefit learners in many ways. It will provide them with the essential knowledge and skills required to effectively counsel individuals from various backgrounds and settings. This will enable them to work more effectively with clients, develop empathy and communication skills, and build a deeper understanding of the counselling process.

Additionally, this course will help learners to explore their own personal growth and development, which will enable them to gain a deeper understanding of themselves, build self-awareness and reflect on their own personal experiences.

Ultimately, the knowledge and skills gained from the Counselling Skills Level 3 course will provide learners with a strong foundation to pursue a career in counselling or related fields.

 01226 958 888

 www.wefindanylearner.co.uk

 Info@wefindanylearner.co.uk

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