

FREE

 **Awarding Body**
NCFE / CACHE / TQUK

 **Course Duration**
6 / 12 Weeks

Counselling Skills Level 2

Course Overview

Welcome to the Counselling Skills Level 2 course! This course will provide you with an introduction to the core counselling skills that can be used in a counselling relationship and in other helping activities. You will learn how to effectively communicate with clients, build rapport, and create a safe and supportive environment.

In addition to learning the practical skills, you will also explore how counselling theory underpins the use of counselling skills. Understanding the theoretical principles behind counselling can help you to better apply the skills in practice and develop a deeper understanding of the client's needs.

This course will also cover the ethical framework that informs the use of counselling skills. You will learn about the importance of maintaining boundaries, confidentiality, and informed consent when working with clients.

Finally, the course will help you develop the skills and qualities necessary to be an effective counsellor. You will learn how to reflect on your practice, receive feedback, and develop your self-awareness. Whether you are new to counselling or looking to enhance your existing skills, this course will provide you with a solid foundation in counselling skills.

What is the cost?

As a result of government funding, this qualification is currently offered at no cost. However, please note that the number of funded places can be limited. To ensure you secure your spot, we recommend booking early.

How do learners benefit?

Taking the Counselling Skills Level 2 course can benefit learners by providing a solid foundation for those interested in pursuing a career in counselling or other helping professions.

It can also help individuals to develop stronger personal relationships, improve their existing skills and knowledge, potentially leading to better job performance and career opportunities, and develop a deeper understanding of ethical principles and their application in counselling.

By taking this course, learners can develop the necessary skills, knowledge, and principles that are essential for success in counselling and related fields.

 01226 958 888

 www.wefindanylearner.co.uk

 Info@wefindanylearner.co.uk

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