

FREE

 **Awarding Body**
NCFE / CACHE / TQUK

 **Course Duration**
6 / 12 Weeks

Behaviour that Challenges Level 2

Course Overview

Welcome to the Behaviour that Challenges Level 2 course! This course is designed to provide you with an in-depth understanding of behaviour that challenges and equip you with the knowledge and skills necessary to manage it effectively.

But what exactly is meant by the term 'behaviour that challenges'? Challenging behaviour refers to any behaviour that may cause harm to the individual displaying it, others around them, or their environment. It can be exhibited by individuals of any age, but it is most commonly associated with those who have intellectual disabilities, autism spectrum disorders, or mental health conditions.

One of the key components of managing challenging behaviour is being able to recognise changes in individuals that may indicate an episode of challenging behaviour. In this course, you will learn how to identify the signs and symptoms of challenging behaviour and respond appropriately.

Non-verbal communication is also an essential part of managing challenging behaviour. Understanding and utilising non-verbal communication can help prevent incidents from escalating and de-escalate them when they do occur.

Finally, reflection on an incident can be an incredibly powerful tool in managing future behaviour. We hope that by the end of this course, you will feel confident and capable in managing behaviour that challenges and providing support to those who exhibit it.

What is the cost?

As a result of government funding, this qualification is currently offered at no cost. However, please note that the number of funded places can be limited. To ensure you secure your spot, we recommend booking early.

How do learners benefit?

Taking the Behaviour that Challenges Level 2 course can benefit learners by providing them with an understanding of behaviour that challenges, skills in recognising changes in individuals that may indicate challenging behaviour, knowledge of non-verbal communication, and the importance of reflection in managing challenging behaviour.

These skills and knowledge can be valuable for personal and professional development, improving learners' ability to work with individuals who exhibit challenging behaviour and increasing their confidence in managing such behaviour.

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