

Understanding Mental Health in the Early Years

Course Overview

The early years of childhood are critical for development. Learning the significance of attachment and adverse experiences during this time is important to understand children's mental health. Children can be exposed to several traumatic experiences throughout their early years which can impact their mental health – and these experiences can contribute to mental health concerns in later life.

Business Benefits

- Gives assurance that employees are well-trained
- Creates a more motivated and engaged workforce
- Gives employees a high standard of learning
- Furthers personal and professional development

Course Duration

8 - 12 Weeks



success.



speed.



support.

What is the cost?

Due to the availability of government funding, this qualification is available at no cost. Funded places are limited so please book early to secure your place.

Learner Benefits

- Achieve a nationally recognised level 2 qualification
- Furthers personal and professional development
- No need to formally attend college
- Learn in your own time
- Access to sector-expert assessors throughout the course

Awarding Body

NCFE / CACHE / TQUK

Course Content

- Understand mental health for young children in the early years
- Understand the significance of attachment and adverse childhood experiences for young children in the early years
- Understand the role of the Early Years Practitioner in supporting the mental health and wellbeing of young children in the early years.

Unit 01: Understand mental health for young children in the early years

Unit 02: Understand the significance of attachment and adverse childhood experiences for young children in the early years

Unit 03: Understand the role of the Early Years Practitioner in supporting the mental health and wellbeing of young children in the early years.

How is it delivered?

Alongside the learning materials, you will have the support of a knowledgeable assessor/tutor who will give you advice and guidance on the course content as well as providing robust feedback on the work you complete.

The course is usually delivered over a period of 8–12 weeks.

Successful completion of this course ensures that the learner has fully understood these important principles and evidences knowledge of the subject area.