

Children and Young People's Mental Health

Course Overview

Mental Health problems affect around 1 in 10 children and young people. These issues include depression, anxiety and conduct disorder and can often be a direct response to occurrences in their lives. Emotional well being is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors and impact of mental health.

Business Benefits

- No disruption to day-to-day activities, as learning is flexible
- Increase understanding of risk factors which may affect the mental well-being of children and young people
- Evidence of competency for external stakeholders
- Allows employees to gain relevant skills, knowledge and understanding

Course Duration

6 - 12 Weeks



success.



speed.



support.

What is the cost?

Due to the availability of government funding, this qualification is available at no cost. Funded places are limited so please book early to secure your place.

Learner Benefits

- Delivered through a flexible, convenient learning model
- Qualifications are accredited by recognised awarding bodies
- Increases understanding of core but crucial tasks
- Access to sector-expert assessors throughout the course
- Assessments can be undertaken both online and in hard copy

Awarding Body

NCFE / CACHE / TQUK

Course Content

- Unit 1 – Understand Children and Young People’s Mental Health in Context
- Unit 2 – Understand Factors which may Affect Children and Young People’s Mental Health
- Unit 3 – Understand Children and Young People’s Mental Health Concerns
- Unit 4 – Understand the Impact of Children and Young People’s Mental Health Concerns
- Unit 5 – Understand how to Support Children and Young People with Mental Health Concerns

What you will learn

- Understand the concept of mental health
- Understand risk factors which may affect the mental well-being of children and young people
- Know about specific mental health conditions that children and young people may experience
- Understand the impact mental health concerns can have on children and young people
- Understand how to promote mental well-being in children and young people

How is it delivered?

Alongside the learning materials, you will have the support of a knowledgeable assessor/tutor who will give you advice and guidance on the course content as well as providing robust feedback on the work you complete.

The course is usually delivered over a period of 6 to 12 weeks.

Successful completion of this course ensures that the learner has fully understood these important principles and evidences knowledge of the subject area.

Course Duration

6 - 12 Weeks

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